

BEHAVIOR AND BRIDGING THE COMMUNICATION GAP

THE ABCs OF YOUR CHILD'S BEHAVIOR

Try writing down details about what happens for each instance of a particular behavior. See if you can see some commonalities in the different events. Maybe the behavior is expressing a desire for more attention or a desire to not do something out of frustration. Play the detective so you can understand better what your child is trying to tell you through his or her behavior.

ANTECEDENT (what happened before)	BEHAVIOR (what happened during)	CONSEQUENCE (what happened after)

