HOME EDUCATION
VOLUME 1 OF THE HOME EDUCATION SERIES
BY CHARLOTTE MASON

CHARLOTTE MASON'S ORIGINAL TEXT
REFORMATTED

by A Charlotte Mason Plenary
Volume 1: Home Education
Original Text Edition
by Charlotte Mason

Compliments of A Charlotte Mason Plenary
www.cmpleenary.com
PLenary Preface

Thank you for choosing our download of Charlotte Mason’s Original Text of Volume 1: Home Education. It has been reformatted and updated for you by A Charlotte Mason Plenary. It was created with much love and respect for Charlotte and for you. It comes from our home to yours and I hope you will enjoy using it.

A Peek into the Plenary Annotated Home Education Series

While you are currently reading the Original Text Edition of Volume 1, we also offer Volume 1 as an Annotated Edition. If you find you need additional help, please consider purchasing Home Education: The Plenary Annotated Edition of Volume 1 either as a PDF download or as a paperback book from Amazon.com. Here are some features you will find in the Annotated Edition:

- The unabridged text of Volume 1: Home Education
- Completely annotated and referenced with explanatory notes
- Reformatted with wide margins for ease of reading and note taking
- Original page numbers are noted in the margins, not within the text
- Information regarding books from Appendix A: Books is included in the annotations
- Charlotte’s study questions in Appendix B: Questions for the Use of Students have been moved to the end of each chapter
- Appendices C & D: The Examination of a Child Upon a Term’s Work is now included

You can preview a free sample of the Home Education: The Plenary Annotated Edition of Volume 1 on our website and on Amazon.com.

Plenary Curriculum Guides

The Plenary also offers other products designed to help you implement a Charlotte Mason Education in your home, including Picture Study Prints, Plutarch Guides, and many other products.

A Thank You

Thank you for being part of our community. Be sure to join The Plenary Facebook Group where you can ask questions and chat about all things CM! I look forward to seeing you there!

Rachel Lebowitz
Owner, A Charlotte Mason Plenary

www.cmplenrary.com
# TABLE OF CONTENTS

## VOLUME 1: HOME EDUCATION

### Part 1: Some Preliminary Considerations

**INTRODUCTION - SOME PRELIMINARY CONSIDERATIONS - PG 1**
- Children Are Public Trusts • Mothers Owe a Thinking Love to Their Children • The Training of Children Dreadfully Defective • How Parents Usually Proceed

**CHAPTER 1 - A METHOD OF EDUCATION - PG 3**
- Traditional Methods of Education • Method a Way to an End • A System Easier than a Method

**CHAPTER 2 - THE CHILD'S ESTATE - PG 5**
- The Child in the Midst • Code of Education in the Gospels

**CHAPTER 3 - OFFENDING THE CHILDREN - PG 7**
- Children are Born Law-Abiding • They Must Perceive that Their Governors are Law-Compelled • Parents May Offend Their Children by Disregarding the Laws of Health • And of the Intellectual Life • And of the Moral Life

**CHAPTER 4 - DESPISING THE CHILDREN - PG 9**
- Children Should Have the Best of their Mothers • Nurse • Children's Faults are Serious

**CHAPTER 5 - HINDERING THE CHILDREN - PG 10**
- A Child's Relationship with Almighty God • Nursery Theology

**CHAPTER 6 - CONDITIONS OF HEALTHY BRAIN-ACTIVITY - PG 11**
- All Mind-Labor Means Wear of Brain • Exercise • Rest • Rest After Meals • Change of Occupation • Nourishment • Certain Causes Affect the Quality of the Blood • Concerning Meals • Talk at Meals • Variety in Meals • Air as Important as Food • The Children Walk Every Day • Oxygen Has Its Limitations • Unchanged Air • I Feed Alice on Beef Tea • Wordsworth's Lucy • Indoor Airings • Ventilation • Night Air Wholesome • Sunshine • Free Perspiration • Insensible Perspiration • Daily Bath and Porous Garments

**CHAPTER 7 - THE REIGN OF LAW IN EDUCATION - PG 18**
- Common Sense and Good Intentions • Law-Abiding Lives Often More Blameless Than Pious Lives • Mind and Matter Equally Governed by Law • Antagonism to Law Shown by Some Religious Persons • Parents Must Acquaint Themselves with the Principles of Physiology and Moral Science

### Part 2: Out-of-Door Life for Children

**CHAPTER 1 - A GROWING TIME - PG 23**
- Meals Out of Doors • For Dwellers in Towns and Suburbs • Possibilities of a Day in the Open • No Story-books

**CHAPTER 2 - SIGHT-SEEING - PG 25**
- How to See • Educational Uses of Sight-Seeing • Discriminating Observation

**CHAPTER 3 - PICTURE-PAINTING - PG 26**
- Method of • Strain on the Attention • Seeing Fully and in Detail • A Means of After Solace and Refreshment

**CHAPTER 4 - FLOWERS AND TREES - PG 28**
- Children Should Know Field Crops • Field Flowers and the Life History of Common Plants • The Study of Trees • The Seasons Should be Followed • Leigh Hunt on Flowers • Calendars • Nature Diaries

**CHAPTER 5 - LIVING CREATURES - PG 30**
- A Field of Interest and Delight • Children Should be Encouraged to Watch • The Force of Public Opinion in the Home • What Town Children Can Do • Nature Knowledge the Most Important Knowledge for Young Children • Mental Training of a Child Naturalist • Nature Work Especially Valuable for Girls

**CHAPTER 6 - FIELD-LORE AND NATURALIST’S BOOKS - PG 33**
- Reverence for Life • Rough Classification at First Hand • Uses of Naturalists Books • Mothers and Teachers Should Know About Nature
CHAPTER 7 - THE CHILD GETS KNOWLEDGE BY MEANS OF HIS SENSES - PG 34
Nature's Teaching • Over-Pressure • Object Lessons • A Child Learns from Things • The Sense of Beauty Comes from Early Contact with Nature • Most Grown Men Lose the Habit of Observation

CHAPTER 8 - THE CHILD SHOULD BE MADE FAMILIAR WITH NATURAL OBJECTS - PG 36
An Observant Child Should be Put in the Way of Things Worth Observing • Every Natural Object a Member of a Series • Power will Pass More and More into the Hands of Scientific Men • Intimacy with Nature Makes for Personal Well-Being

CHAPTER 9 - OUT-OF-DOOR GEOGRAPHY - PG 37
Small Things May Teach Great • Pictorial Geography • The Position of the Sun • Clouds, Rain, Snow, and Hail • Distance • Direction • East and West • Practice in Finding Direction • Compass Drill • Boundaries • Plans • Local Geography

CHAPTER 10 - THE CHILD AND MOTHER NATURE - PG 40
The Mother Must Refrain from Too Much Talk • Making a New Acquaintance • Two Things Permissible to the Mother

CHAPTER 11 - OUT-OF-DOOR GAMES - PG 41
The French Lesson • Noisy Games • Rondes • Skipping-Rope and Shuttlecock • Climbing • Clothing

CHAPTER 12 - WALKS IN BAD WEATHER - PG 43
Winter Walks as Necessary as Summer Walks • Pleasures Connected with Frost and Snow • Winter Observations • Habit of Attention • Wet Weather Tramps • Outer Garments for • Precautions

CHAPTER 13 - RED INDIAN LIFE - PG 45
Scouting • Bird-Stalking

CHAPTER 14 - THE CHILDREN REQUIRE COUNTRY AIR - PG 47
The Essential Proportion of Oxygen • Excess of Carbonic Acid Gas • Unvitiated, Unimpoverished Air • Solar Light • A Physical Ideal for a Child

PART 3: HABIT IS TEN NATURES

CHAPTER 1 - EDUCATION BASED ON NATURAL LAW - PG 51
A Healthy Brain • Out-of-Door Life • Habit the Instrument by Which Parents Work

CHAPTER 2 - THE CHILDREN HAVE NO SELF-COMPELLING POWER - PG 52
An Educational Cul-de-sac • Love, Law, and Religion as Natural Forces • Why Children are Incapable of Steady Effort • Children Should be Saved the Effort of Decision

CHAPTER 3 - WHAT IS NATURE? - PG 53
All Persons Born with the Same Primary Desires • And Affections • Content of the Most Elemental Notion of Human Nature • Nature Plus Hereditary • Plus Physical Conditions • Human Nature the Sum of Certain Attributes • The Child Must Not be Left to His Human Nature • Problem Before the Educator • Divine Grace Works on the Lines of Human Effort • The Trust of Parents Must Not be Supine

CHAPTER 4 - HABIT MAY SUPPLANT NATURE - PG 55
Habit is Ten Natures • Habit Runs on the Lines of Nature • But Habit May be a Lever • A Mother Forms her Children's Habits Involuntarily • Habit Forces Nature Into New Channels • Parents and Teachers Must Lay Down Lines of Habit

CHAPTER 5 - THE LAYING DOWN OF THE LINES OF HABIT - PG 57
We Think as we are Accustomed to Think • Direction of Lines of Habit • Habit and Free Will • Habit Rules 99 in 100 of Our Thoughts and Acts • Habit Powerful Even Where the Will Decides

CHAPTER 6 - THE PHYSIOLOGY OF HABIT - PG 59
Growing Tissues Form Themselves to Modes of Action • Therefore Children Should Learn Dancing, Swimming, Etc., at an Early Age • Moral and Mental Habits Make Their Mark Upon Physical Tissues • Persistent Trains of Thought • Incessant Regeneration of Brain Tissue • Artificial Reflex Across May be Acquired • Intellectual and Moral Education • Character Affected by Acquired Modification of Brain Tissue • Outside Influence

CHAPTER 7 - THE FORMING OF A HABIT: SHUT THE DOOR AFTER YOU - PG 62
Habit a Delight in Itself • Tact, Watchfulness, and Persistence • Stages in the Formation of a Habit • The Dangerous Stage
CHAPTER 8 - INFANT HABITS - PG 65
Some Branches of Infant Education • A Sensitive Nose • The Baby is Ubiquitous • Personal Cleanliness as an Early Habit • Modesty and Purity • The Habit of Obedience and the Sense of Honor • Order Essential • The Child of Two Should Put Away His Playthings • Neatness Akin to Order • Regularity • Habits of Time and Place

CHAPTER 9 - PHYSICAL EXERCISES - PG 68
Importance of Daily • Drill of Good Manners • Training of the Ear and Voice • The Habit of Music • Let Children Alone

PART 4: SOME HABITS OF MIND — SOME MORAL HABITS

INTRODUCTION - SOME HABITS OF MIND - SOME MORAL HABITS - PG 71
A Science of Education • Education in Habit Favors an Easy Life • Training in Habits Becomes a Habit • Habits Inspired in the Home Atmosphere

CHAPTER 1 - THE HABIT OF ATTENTION - PG 72
A Mind at the Mercy of Associations • Wandering Attention • The Habit of Attention to be Cultivated in the Infant • Attention to Things; Words a Weariness • Lessons Attractive • A Natural Reward • Emulation • Affection as a Motive • Attractiveness of Knowledge • What is Attention? • Self-Compelled • The Secret of Overpressure • The Schoolboy’s Home Work • Wholesome Home Treatment for Mooning • Rewards and Punishments Should be Relative Consequences of Conduct • Natural and Educative Consequences

CHAPTER 2 - THE HABIT OF APPLICATION - PG 77
Rapid Mental Effort • Zeal Must be Stimulated

CHAPTER 3 - THE HABIT OF THINKING - PG 78
‘A Lion’ Operations Included in Thinking

CHAPTER 4 - THE HABIT OF IMAGINING - PG 79
The Sense of the Incongruous • Commonplace Tales; Tales of Imagination • Imagination and Great Conceptions • Imagination Grows • Thinking Comes by Practice

CHAPTER 5 - THE HABIT OF REMEMBERING - PG 81
Remembering and Recollecting • A ‘Spurious’ Memory • Memory a Record in the Brain Substance • Made Under What Conditions • Recollection and the Law of Association • Every Lesson Must Recall the Last • No Limit to the Recording Power of the Brain • But Links of Association a Condition of Recollection

CHAPTER 6 - THE HABIT OF PERFECT EXECUTION - PG 83
The Habit of Turning Out Imperfect Work • A Child Should Execute Perfectly

CHAPTER 7 - SOME MORAL HABITS - OBEDIENCE - PG 84
The Whole Duty of the Child • Obedience no Accidental Duty • Children Must Have the Desire to Obey • Expect Obedience • Law Ensures Liberty

CHAPTER 8 - TRUTHFULNESS - PG 86
Three Causes of Lying All Vicious • Only One Kind Visited Upon Children • Accuracy of Statement • Exaggeration and Ludicrous Embellishments • Reverence, Etc. • Temper Born in a Child • Not Temper, but Tendency • Parents Must Correct Tendency by New Habit of Temper • Change the Child’s Thoughts

PART 5: LESSONS AS INSTRUMENTS OF EDUCATION

CHAPTER 1 - THE MATTER AND METHOD OF LESSONS - PG 91
Parents Must Reflect on the Subject Matter of Instruction • Home the Best Growing Ground for Young Children • Three Questions for the Mother • Children Learn to Grow • Doctoring of the Material of Knowledge • Children Learn to Get Ideas • Ideas Grow and Produce After Their Kind • Scott and Stephenson Worked with Ideas • Value of Dominant Ideas • Lessons Must Furnish Ideas • Children Learn to Get Knowledge • Diluted Knowledge • Dr. Arnold’s Knowledge as a Child • Literature Proper for Children • Four Tests Which Should Be Applied to Children’s Lessons • Résumé of Six points Just Considered

CHAPTER 2 - THE KINDERGARTEN AS A PLACE OF EDUCATION - PG 95
The Mother the Best Kindergarten • The Nursery Need Not Therefore Be a Kindergarten • Field of Knowledge too Circumscribed • Training of a Just Eye and Faithful Hand • Sweetness and Light in the Kindergarten
CHAPTER 3 - FURTHER CONSIDERATIONS OF THE KINDERGARTEN - PG 97
The Childhood of Tolstoy • The Story of a Child • What We Owe to Froebel • Requirements of a Person • Nature as an Educator • Danger of Undervaluing Children's Intelligence • We All Like to Be Humored • Teachers Mediate Too Much • Danger of Personal Magnetism • Kindergarten a False Analogy • Mother Games Too Strenuous for a Child • The Society of His Equals Too Stimulating for a Child • Danger of Supplanting Nature • Importance of Personal Initiative • Parents and Teachers Must Sow Opportunities • Only Children • The Child Should Be Allowed Some Ordering of His Life • Helen Keller • Miss Sullivan on Systems of Education • The Kindergarten in the United States • Mr. Thistleton Mark on the Kindergarten • Dr. Stanley Hall on the Kindergarten

CHAPTER 4 - READING - PG 104
Time of Teaching to Read • Mrs. Wesley’s Plan • The Alphabet • Word-Making • Word-Making with Long Vowels, Etc. • Early Spelling • Reading at Sight • The Reading of Prose • Careful Pronunciation • A Year’s Work • Ordinary Method

CHAPTER 5 - THE FIRST READING LESSON - PG 108
Two Mothers Confer

CHAPTER 6 - READING BY SIGHT AND SOUND - PG 111
Learning to Read is Hard Work • Knowledge of Arbitrary Symbols • These Symbols Should Be Interesting • Tommy’s First Lesson • Steps • Reading Sentences • Tommy’s Second Lesson • Unknown Words • Like Combinations Have Different Sounds • Moral Training in Reading Lessons

CHAPTER 7 - RECITATION - PG 115
The Children’s Art • Memorizing

CHAPTER 8 - READING FOR OLDER CHILDREN - PG 117
The Habit of Reading • Reading Aloud • Limitation • Reading to Children • Questions on the Subject Matter • Lesson Books • Slipshod Habits; Inattention • Careless Enunciation

CHAPTER 9 - THE ART OF NARRATING - PG 119
Children Narrate by Nature • This Power Should Be Used in Their Education • Method of Lesson

CHAPTER 10 - WRITING - PG 121
Perfect Accomplishment • Printing • Steps in Teaching • Text-Hand • A New Handwriting • How to Use

CHAPTER 11 - TRANSCRIPTION - PG 123
Value of Transcription • Children Should Transcribe Favorite Passages • Small Text-Hand • Double-Ruled Lines • Position in Writing • Desks • Children’s Table

CHAPTER 12 - SPELLING AND DICTATION - PG 124
A Fertile Cause of Bad Spelling • The Rationale of Spelling • Steps of a Dictation Lesson

CHAPTER 13 - COMPOSITION - PG 126
George Osborne’s Essay • An Educational Futility • Lessons in Composition • Teaching that is a Public Danger • Composition Comes By Nature

CHAPTER 14 - BIBLE LESSONS - PG 128
Children Enjoy the Bible • Should Know the Bible Text • Essential and Accidental Truth • Method of Bible Lessons • Picture Illustrations • Bible Recitations

CHAPTER 15 - ARITHMETIC - PG 131
Educative Value of • Problem’s Within the Child’s Grasp • Demonstrate Problems • Notation • Weighing and Measuring • Arithmetic as a Means of Training • The ABC Arithmetic • Preparation for Mathematics

CHAPTER 16 - NATURAL PHILOSOPHY - PG 136
A Basis of Facts • Eyes and No-Eyes • Principles • To Be Comprehended by Children • As Taught in a Village School

CHAPTER 17 - GEOGRAPHY - PG 139
Educational Value of • As Commonly Taught • Geography Should Be Interesting • How to Begin • What Next • Maps • What General Knowledge a Child of Nine Should Have • Particular Knowledge • Definitions • Fundamental Ideas • Meaning of a Map

CHAPTER 18 - HISTORY - PG 143
A Storehouse of Ideas • Outlines Mischievous • So are Most History Books Written for Children • Early History of a Nation
Best Fitted for Children • Some Old Chronicles • Age of Myths • Plutarch’s Lives • History Books • Dates • Illustrations By the Children • Playing at History

CHAPTER 19 - GRAMMAR - PG 150
Grammar a Difficult Study • Latin Grammar • English Grammar a Logical Study • Two Grammar Lessons

CHAPTER 20 - FRENCH - PG 153
M. Gouin’s Method • The Series • How Does the Child Learn?

CHAPTER 21 - PICTORIAL ART, ETC. - PG 156
Study of Pictures • Should Be Regular • A Picture Talk • Drawing Lessons • Children Have Art in Them • Clay Modeling • The Piano and Singing • Handicrafts and Drills

PART 6: THE WILL — THE CONSCIENCE — THE DIVINE LIFE IN THE CHILD

CHAPTER 1 - THE WILL - PG 163
Government of Mansoul • Executive Power Vested in the Will • What is the Will? • Persons May go Through Life without a Deliberate Act of Will • Character the Result of Conduct Regulated by Will • Three Functions of the Will • A Limitation of the Will Disregarded by Some Novelists • Parents Fall into the Metaphysical Blunder • Willfulness Indicates Want of Will-power • What is Willfulness? • The Will has Superior and Inferior Functions • The Will not a Moral Faculty • A Disciplined Will Necessary to Heroic Christian Character • The Sole Practical Faculty of Man • How the Will Operates • The Way of the Will; Incentives • Diversions • Change of Thought • The Way of the Will Should be Taught to Children • Power of Will Implies Power of Attention • Habit May Frustrate the Will • Reasonable Use of So Effective an Instrument • How to Strengthen the Will • Habit of Self-Management • Education of the Will More Important than of the Intellect

CHAPTER 2 - THE CONSCIENCE - PG 168
Conscience is Judge and Law-Giver • I Am, I Ought, I Can, I Will • Inertness of Parents not Supplemented by Divine Grace • Conscience not an Infallible Guide • But a Real Power • That Spiritual Sense Whereby We Know Good and Evil • A Child’s Conscience an Undeveloped Capability Rather than a Supreme Authority • The Uninstructed Conscience • The Processes Implied in a ‘Conscientious’ Decision • The Instructed Conscience Nearly Always Right • The Good Conscience of a Child • Children Play with Moral Questions • The Bible the Chief Source of Moral Ideas • Tales Fix Attention Upon Conduct • Ignorance of a Child’s Conscience • Instructing the Conscience • Kindness • The Conscience Made Effective by Discipline

CHAPTER 3 - THE DIVINE LIFE OF THE CHILD - PG 173
The ‘Very Pulse of the Machine’ • Parents Have Some Power to Enthrone the King • The Functions and Life of the Soul • What is the Life of the Soul? • The Parent Must Present the Idea of God to the Soul of the Child • Must not Make Blundering Efforts • God Presented to the Children as an Exactor and Punisher • Parents Must Select Inspiring Ideas • We Must Teach Only What We Know • Fitting and Vital Ideas • The Knowledge of God Distinct from Morality • The Times and Manner of Religious Instruction • The Reading of the Bible • Father and Giver • The Essence of Christianity is Loyalty to a Person
The educational outlook is rather misty and depressing both at home and abroad. That science should be a staple of education, that the teaching of Latin, of modern languages, of mathematics, must be reformed, that nature and handicrafts should be pressed into service for the training of the eye and hand, that boys and girls must learn to write English and therefore must know something of history and literature; and, on the other hand, that education must be made more technical and utilitarian - these, and such as these, are the cries of expediency with which we take the field. But we have no unifying principle, no definite aim; in fact, no philosophy of education. As a stream can rise no higher than its source, so it is probable that no educational effort can rise above the whole scheme of thought which gives it birth; and perhaps this is the reason of all the ‘fallings from us, vanishings,’ failures, and disappointments which mark our educational records. Those of us, who have spent many years in pursuing the benign and elusive vision of Education, perceive that her approaches are regulated by a law, and that this law has yet to be evoked. We can discern its outlines, but no more. We know that it is pervasive; there is no part of a child's home-life or school-work which the law does not penetrate. It is illuminating, too, showing the value, or lack of value, of a thousand systems and expedients. It is not only a light, but a measure, providing a standard whereby all things, small and great, belonging to educational work must be tested. The law is liberal, taking in whatsoever things are true, honest, and of good report, and offering no limitation or hindrance save where excess should injure. And the path indicated by the law is continuous and progressive, with no transition stage from the cradle to the grave, except that maturity takes up the regular self-direction to which immaturity has been trained. We shall doubtless find, when we apprehend the law, that certain German thinkers - Kant, Herbart, Lotze, Froebel - are justified; that, as they say, it is ‘necessary’ to believe in God; that, therefore, the knowledge of God is the principal knowledge, and the chief end of education. By one more character shall we be able to recognize this perfect law of educational liberty when it shall be made evident. It has been said that ‘The best idea which we can form of absolute truth is that it is able to meet every condition by which it can be tested.’ This we shall expect of our law - that it shall meet every test of experiment and every test of rational investigation.

Not having received the tables of our law, we fall back upon Froebel or upon Herbart; or, if we belong to another School, upon Locke or Spencer; but we are not satisfied. A discontent, is it a divine discontent? is upon us; and assuredly we should hail a workable, effectual philosophy of education as a deliverance from much perplexity. Before this great deliverance comes to us it is probable that many tentative efforts will be put forth, having more or less of the characters of a philosophy; notably, having a central idea, a body of thought with various members working in vital harmony.

Such a theory of education, which need not be careful to call itself a system of psychology, must be in harmony with the thought movements of the age; must regard education, not as a shut-off compartment, but as being as much a part of life as birth or growth, marriage or work; and it must leave the pupil attached to the world at many points of contact. It is true that educationalists are already eager to establish such contact in several directions, but their efforts rest upon an axiom here and an idea there, and there is no broad unifying basis of thought to support the whole.

Fools rush in where angels fear to tread; and the hope that there may be many tentative efforts towards a philosophy of education, and that all of them will bring us nearer to the magnum opus, encourages me to launch one such attempt. The central thought, or rather body of thought, upon which I found, is the some-
**Volume 1 Text – Prefaces**

what obvious fact that the child is a *person* with all the possibilities and powers included in personality. Some of the members which develop from this nucleus have been exploited from time to time by educational thinkers, and exist vaguely in the general common sense, a notion here, another there. One thesis, which is, perhaps, new, that *Education is the Science of Relations*, appears to me to solve the question of a curriculum, as showing that the object of education is to put a child in living touch with as much as may be of the life of Nature and of thought. Add to this one or two keys to self-knowledge, and the educated youth goes forth with some idea of self-management, with some pursuits, and many vital interests. My excuse for venturing to offer a solution, however tentative and passing, to the problem of education is twofold. For between thirty and forty years I have labored without pause to establish a working and philosophic theory of education; and in the next place, each article of the educational faith I offer has been arrived at by inductive processes; and has, I think, been verified by a long and wide series of experiments. It is, however, with sincere diffidence that I venture to offer the results of this long labor; because I know that in this field there are many laborers far more able and expert than I – the ‘angels’ who fear to tread, so precarious is the footing!

But, if only *pour encourager les autres*, I append a short synopsis of the educational theory advanced in the volumes of the ‘Home Education Series.’ The treatment is not methodic, but incidental; here a little, there a little, as seemed to me most likely to meet the occasions of parents and teachers. I should add that in the course of a number of years the various essays have been prepared for the use of the Parents’ National Educational Union in the hope that that Society might witness for a more or less coherent body of educational thought.

“The consequence of truth is great; therefore the judgment of it must not be negligent.” -Whichcote

1. Children are born *persons*.
2. They are not born either good or bad, but with possibilities for good and evil.
3. The principles of authority on the one hand and obedience on the other, are natural, necessary and fundamental; but:
4. These principles are limited by the respect due to the personality of children, which must not be encroached upon, whether by fear or love, suggestion or influence, or undue play upon any one natural desire.
5. Therefore we are limited to three educational instruments – the atmosphere of environment, the discipline of habit, and the presentation of living ideas.
6. By the saying, EDUCATION IS AN ATMOSPHERE, it is not meant that a child should be isolated in what may be called a ‘child environment,’ especially adapted and prepared; but that we should take into account the educational value of his natural home atmosphere, both as regards persons and things, and should let him live freely among his proper conditions. It stultifies a child to bring down his world to the ‘child’s’ level.
7. By EDUCATION IS A DISCIPLINE, is meant the discipline of habits formed definitely and thoughtfully, whether habits of mind or body. Physiologists tell us of the adaptation of brain structure to habitual lines of thought – *i.e.*, to our habits.
8. In the saying that EDUCATION IS A LIFE, the need of intellectual and moral as well as of physical sustenance is implied. The mind feeds on ideas, and therefore children should have a generous curriculum.
9. But the mind is not a receptacle into which ideas must be dropped, each idea adding to an ‘aperception mass’ of its like, the theory upon which the Herbartian doctrine of interest rests.
10. On the contrary, a child’s mind is no mere sack to hold ideas; but is rather, if the figure may be allowed, a spiritual *organism*, with an appetite for all knowledge. This is its proper diet, with which it is pre-


**Volume 1 Text – Prefaces**

pared to deal, and which it can digest and assimilate as the body does foodstuffs.

11. This difference is not a verbal quibble. The Herbartian doctrine lays the stress of education – the preparation of knowledge in enticing morsels, presented in due order – upon the teacher. Children taught upon this principle are in danger of receiving much teaching with little knowledge; and the teacher’s axiom is, “What a child learns matters less than how he learns it.”

12. But, believing that the normal child has powers of mind that fit him to deal with all knowledge proper to him, we must give him a full and generous curriculum; taking care, only, that the knowledge offered to him is vital – that is, that facts are not presented without their informing ideas. Out of this conception comes the principle that, –

13. EDUCATION IS THE SCIENCE OF RELATIONS; that is, that a child has natural relations with a vast number of things and thoughts: so we must train him upon physical exercises, nature, handicrafts, science and art, and upon many living books; for we know that our business is, not to teach him all about anything, but to help him to make valid as many as may be of

‘Those first-born affinities
that fit our new existence to existing things.’

14. There are also two secrets of moral and intellectual self-management which should be offered to children; these we may call the Way of the Will and the Way of the Reason.

15. *The Way of the Will* – Children should be taught:
(a) To distinguish between ‘I want’ and ‘I will.’
(b) That the way to will effectively is to turn our thoughts from that which we desire but do not will.
(c) That the best way to turn our thoughts is to think of or do some quite different thing, entertaining or interesting.
(d) That, after a little rest in this way, the will returns to its work with new vigor.

(This adjunct of the will is familiar to us as *diversion*, whose office it is to ease us for a time from will effort, that we may ‘will’ again with added power. The use of suggestion – even self-suggestion – as an aid to the will, is to be deprecated, as tending to stultify and stereotype character. It would seem that spontaneity is a condition of development, and that human nature needs the discipline of failure as well as of success.)

16. *The Way of the Reason* – We should teach children, too, not to ‘lean’ (too confidently) ‘unto their own understanding,’ because the function of reason is, to give logical demonstration
(a) of mathematical truth; and
(b) of an initial idea, accepted by the will. In the former case reason is, perhaps, an infallible guide, but in the second it is not always a safe one; for whether that initial idea be right or wrong, reason will confirm it by irrefragable proofs.

17. Therefore children should be taught, as they become mature enough to understand such teaching, that the chief responsibility which rests on them as persons is the acceptance or rejection of initial ideas.

To help them in this choice we should give them principles of conduct and a wide range of the knowledge fitted for them.

These three principles (15, 16 and 17) should save children from some of the loose thinking and heedless action which cause most of us to live at a lower level than we need.

18. We should allow no separation to grow up between the intellectual and ‘spiritual’ life of children; but
should teach them that the divine Spirit has constant access to their spirits, and is their continual helper in all the interests, duties and joys of life.

*The ‘Home Education’ Series is so called from the title of the first volume, and not as dealing, wholly or principally, with ‘Home’ as opposed to ‘School’ education.*
VOLUME 1 TEXT – PREFACES

PREFACE

TO THE FOURTH EDITION

My attempt in the following volume is to suggest to parents and teachers a method of education resting upon a basis of natural law; and to touch, in this connection, upon a mother's duties to her children. In venturing to speak on this latter subject, I do so with the sincerest deference to mothers, believing that, in the words of a wise teacher of men, “the woman receives from the Spirit of God Himself the intuitions into the child's character, the capacity of appreciating its strength and its weakness, the faculty of calling forth the one and sustaining the other, in which lies the mystery of education, apart from which all its rules and measures are utterly vain and ineffectual.” But just in proportion as a mother has this peculiar insight as regards her own children, she will, I think, feel her need of a knowledge of the general principles of education, founded upon the nature and the needs of all children. And this knowledge of the science of education, not the best of mothers will get from above, seeing that we do not often receive as a gift that which we have the means of getting by our own efforts.

I venture to hope that teachers of young children, also, may find this volume of use. The period of a child's life between his sixth and his ninth year should be used to lay the basis of a liberal education, and of the habit of reading for instruction. During these years the child should enter upon the domain of knowledge, in a good many directions, in a reposeful, consecutive way, which is not to be attained through the somewhat exciting medium of oral lessons. I hope that teachers may find the approach (from a new standpoint), to the hackneyed "subjects of instruction" proper for little children at any rate interesting and stimulating; and possibly the methods which this fresh standpoint indicates may prove suggestive and helpful.

The particular object of this volume, as a member of the ‘Home Education’ Series, is to show the bearing of the physiology of habit upon education; why certain physical, intellectual, and moral habits are a valuable asset to a child, and what may be done towards the formation of such habits. I beg to acknowledge my indebtedness to Dr. Carpenter’s Mental Physiology for valuable teaching on the subject of habits contained in some two or three chapters of that work. Also, I would renew my grateful thanks to those medical friends who have given careful and able revision to such parts of the work as rest on a physiological basis.

I should add that some twenty years ago (1885) the greater part of this volume was delivered as ‘Lectures to Ladies,’ in which form the papers were originally published (1886) under the title which is still retained.

Lectures VII. and VIII. and the Appendix of the original volume have been transferred from this to other volumes of the Series. The whole has been very carefully revised, and much new matter introduced, especially in Part V., ‘Lessons as Instruments of Education,’ which now offers a fairly complete introduction to methods of teaching subjects fit for children between the ages of six and nine.

The rest of the volume attempts to deal with the whole of education from infancy until the ninth year of life.

C. M. Mason
Scale How, Ambleside, 1905
PART 1

VOLUME 1: HOME EDUCATION
Compliments of A Charlotte Mason Plenary
INTRODUCTION

PART 1: Introduction

Not the least sign of the higher status they have gained, is the growing desire for work that obtains amongst educated women. The world wants the work of such women; and presently, as education becomes more general, we shall see all women with the capacity to work falling into the ranks of working women, with definite tasks, fixed hours, and for wages, the pleasure and honor of doing useful work if they are under no necessity to earn money.

Children Are A Public Trust Now, that work which is of most importance to society is the bringing-up and instruction of the children – in the school, certainly, but far more in the home, because it is more than anything else the home influences brought to bear upon the child that determine the character and career of the future man or woman. It is a great thing to be a parent: there is no promotion, no dignity, to compare with it. The parents of but one child may be cherishing what shall prove a blessing to the world. But then, entrusted with such a charge, they are not [2] free to say, “I may do as I will with mine own.” The children are, in truth, to be regarded less as personal property than as public trusts, put into the hands of parents that they may make the very most of them for the good of society. And this responsibility is not equally divided between the parents: it is upon the mothers of the present that the future of the world depends, in even a greater degree than upon the fathers, because it is the mothers who have the sole direction of the children's early, most impressionable years. This is why we hear so frequently of great men who have had good mothers – that is, mothers who brought up their children themselves, and did not make over their gravest duty to indifferent persons.

Mothers Owe 'A Thinking Love' To Their Children “The mother is qualified,” says Pestalozzi, “and qualified by the Creator Himself, to become the principal agent in the development of her child; . . . and what is demanded of her is – a thinking love. . . God has given to thy child all the faculties of our nature, but the grand point remains undecided – how shall this heart, this head, these hands, be employed? to whose service shall they be dedicated? A question the answer to which involves a futurity of happiness or misery to a life so dear to thee. Maternal love is the first agent in education.”

We are waking up to our duties, and in proportion as mothers become more highly educated and efficient, they will doubtless feel the more strongly that the education of their children during the first six years of life is an undertaking hardly to be entrusted to any hands but their own. And they will take it up as their profession – that is, with the [3] diligence, regularity, and punctuality which men bestow on their professional labors.

That the mother may know what she is about, may come thoroughly furnished to her work, she should have something more than a hearsay acquaintance with the theory of education, and with those conditions of the child's nature upon which such theory rests.

The Training Of Children 'Dreadfully Defective' “The training of children,” says Mr. Herbert Spencer – “physical, moral, and intellectual – is dreadfully defective. And in great measure it is so, because parents are devoid of that knowledge by which this training can alone be rightly guided. What is to be expected when one of the most intricate of problems is undertaken by those who have given scarcely a thought to the principle on which its solution depends? For shoemaking or house-building, for the management of a ship or of a locomotive engine, a long apprenticeship is needful. Is it, then, that the unfolding of a human being in body and mind is so comparatively simple a process that any one may superintend and regulate it with no prepara-
Part 1: Introduction

ition whatever? If not – if the process is, with one exception, more complex than any in Nature, and the task of ministering to it one of surpassing difficulty – is it not madness to make no provision for such a task? Better sacrifice accomplishments than omit this all-essential instruction. ... Some acquaintance with the first principles of physiology and the elementary truths of psychology is indispensable for the right bringing-up of children. ... Here are the indisputable facts: that the development of children in mind and body follows certain laws; that unless these laws are in some degree conformed to by parents, death is inevitable; that unless they are in a great [4] degree conformed to, there must result serious physical and mental defects; and that only when they are completely conformed to, can a perfect maturity be reached. Judge, then, whether all who may one day be parents should not strive with some anxiety to learn what these laws are."

HOW PARENTS USUALLY PROCEED The parent begins instinctively by regarding his child as an unwritten tablet, and is filled with great resolves as to what he shall write thereon. By-and-by, traits of disposition appear, the child has little ways of his own; and, at first, every new display of personality is a delightful surprise. That the infant should show pleasure at the sight of his father, that his face should cloud in sympathy with his mother, must always be wonderful to us. But the wonder stales; his parents are used to the fact by the time the child shows himself a complete human being like themselves, with affections, desires, powers; taking to his book, perhaps, as a duck to the water; or to the games which shall make a man of him. The notion of doing all for the child with which the parents began gradually recedes. So soon as he shows that he has a way of his own he is encouraged to take it. Father and mother have no greater delight than to watch the individuality of their child unfold as a flower unfolds. But Othello loses his occupation. The more the child shapes his own course, the less do the parents find to do, beyond feeding him with food convenient, whether of love, or thought, or of bodily meat and drink. And [5] here, we may notice, the parents need only supply; the child knows well enough how to appropriate. The parents' chief care is, that that which they supply shall be wholesome and nourishing, whether in the way of picture-books, lessons, playmates, bread and milk, or mother's love. This is education as most parents understand it, with more of meat, more of love, more of culture, according to their kind and degree. They let their children alone, allowing human nature to develop on its own lines, modified by facts of environment and descent.

Nothing could be better for the child than this ‘masterly inactivity,’ so far as it goes. It is well he should be let grow and helped to grow according to his nature; and so long as the parents do not step in to spoil him, much good and no very evident harm comes of letting him alone. But this philosophy of ‘let him be,’ while it covers a part, does not cover the serious part of the parents' calling; does not touch the strenuous incessant efforts upon lines of law which go to the producing of a human being at his best.

Nothing is trivial that concerns a child; his foolish-seeming words and ways are pregnant with meaning for the wise. It is in the infinitely little we must study the infinitely great; and the vast possibilities, and the right direction of education, are indicated in the open book of the little child's thoughts.

A generation ago, a great teacher amongst us never wearied of reiterating that in the Divine plan “the family is the unit of the nation”: not the individual, but the family. There is a great deal of teaching in the phrase, but this lies on the surface; the whole is greater than the part, the whole contains the part, owns the part, orders the part; and this being so, the [6] children are the property of the nation, to be brought up for the nation as is best for the nation, and not according to the whim of individual parents. The law is for the punishment of evil-doers, for the praise of them that do well; so, practically, parents have very free play; but it is as well we should remember that the children are a national trust whose bringing-up is the concern of all even of those unmarried and childless persons whose part in the game is the rather dreary one of ‘looking on.'
PART 1: CHAPTER 1

CHAPTER 1

A Method of Education

TRADITIONAL METHODS OF EDUCATION Never was it more necessary for parents to face for themselves this question of education in all its bearings. Hitherto, children have been brought up upon traditional methods mainly. The experience of our ancestors, floating in a vast number of educational maxims, is handed on from lip to lip; and few or many of these maxims form the educational code of every household.

But we hardly take in how complete a revolution advancing science is affecting in the theory of education. The traditions of the elders have been tried and found wanting; it will be long before the axioms of the new school pass into common currency; and, in the meantime, parents are thrown upon their own resources, and absolutely must weigh principles, and adopt a method, of education for themselves.

For instance, according to the former code, a mother might use her slipper now and then, to good effect and without blame; but now, the person of the child is, whether rightly or wrongly, held sacred, [7] and the infliction of pain for moral purposes is pretty generally disallowed.

Again, the old rule for the children’s table was, ‘the plainer the better, and let hunger bring sauce’; now, the children’s diet must be at least as nourishing and as varied as that of their elders; and appetite, the craving for certain kinds of food, hitherto a vicious tendency to be repressed, is now within certain limitations the parents’ most trustworthy guide in arranging a dietary for their children.

That children should be trained to endure hardness, was a principle of the old regime. “I shall never make a sailor if I can’t face the wind and rain,” said a little fellow of five who was taken out on a bitter night to see a torchlight procession; and, though shaking with cold, he declined the shelter of a shed. Nowadays, the shed is everything; the children must not be permitted to suffer from fatigue or exposure. That children should do as they are bid, mind their books, and take pleasure as it offers when nothing stands in the way, sums up the old theory; now, the pleasures of children are apt to be made of more account than their duties.

Formerly, they were brought up in subjection; now, the elders give place, and the world is made for the children.

English people rarely go so far as the parents of that story in French Home Life, who arrived an hour late at a dinner-party, because they had been desired by their girl of three to undress and go to bed when she did, and were able to steal away only when the child was asleep. We do not go so far, but that is the direction in which we are moving; and how far the new theories of education are wise and [8] humane, the outcome of more widely spread physiological and psychological knowledge, and how far they just pander to the child-worship to which we are all succumbing, is not a question to be decided off-hand.

At any rate, it is not too much to say that a parent who does not follow reasonably a method of education, fully thought out, fails – now, more than ever before – to fulfil the claims his children have upon him.

METHOD A WAY TO AN END Method implies two things – a way to an end, and step-by-step progress in that way. Further, the following of a method implies an idea, a mental image, of the end or object to be arrived at. What do you propose that education shall affect in and for your child? Again, method is natural; easy, yielding, unobtrusive, simple as the ways of Nature herself; yet, watchful, careful, all-pervading, all-compelling. Method, with the end of education in view, presses the most unlikely matters into service to bring about that end; but with no more tiresome mechanism than the sun employs when it makes the winds to blow and the waters to flow only by shining. The parent who sees his way – that is, the exact force of
**Part 1: Chapter 1**

method – to educate his child, will make use of every circumstance of the child's life almost without intention on his own part, so easy and spontaneous is a method of education based upon Natural Law. Does the child eat or drink, does he come, or go, or play – all the time he is being educated, though he is as little aware of it as he is of the act of breathing. There is always the danger that a method, a *bona fide* method, should degenerate into a mere system. The *Kindergarten* [9] *Method*, for instance, deserves the name, as having been conceived and perfected by large-hearted educators to aid the many-sided evolution of the living, growing, most complex human being; but what a miserable wooden *system* does it become in the hands of ignorant practitioners!

**A System Easier Than a Method** A ‘system of education’ is an alluring fancy; more so, on some counts, than a *method*, because it is pledged to more definite calculable results. By means of a system, certain developments may be brought about through the observance of given rules. Shorthand, dancing, how to pass examinations, how to become a good accountant, or a woman of society, may all be learned upon systems.

System – the observing of rules until the habit of doing certain things, of behaving in certain ways, is confirmed, and, therefore, the art is acquired – is so successful in achieving precise results, that it is no wonder there should be endless attempts to straighten the whole field of education to the limits of a system.

If a human being were a machine, education could do no more for him than to set him in action in prescribed ways, and the work of the educator would be simply to adopt a good working system or set of systems.

But the educator has to deal with a self-acting, self-developing being, and his business is to guide, and assist in, the production of the latent good in that being, the dissipation of the latent evil, the preparation of the child to take his place in the world *at his best*, with every capacity for good that is in him developed into a power.

Though system is highly useful as an instrument of [10] education, a ‘system of education’ is mischievous, as producing only mechanical action instead of the vital growth and movement of a living being.

It is worthwhile to point out the differing characters of a system and a method, because parents let themselves be run away with often enough by some plausible ‘system,’ the object of which is to produce development in one direction – of the muscles, of the memory, of the reasoning faculty – and to rest content, as if that single development were all a complete round-education. This easy satisfaction arises from the sluggishness of human nature, to which any definite scheme is more agreeable than the constant watchfulness, the unforeseen action, called for when the whole of a child’s existence is to be used as the means of his education. But who is sufficient for an education so comprehensive, so incessant? A parent may be willing to undergo any definite labors for his child’s sake; but to be always catering for his behalf, always contriving that circumstances shall play upon him for his good, is the part of a god and not of a man! A reasonable objection enough, if one looks upon education as an endless series of independent efforts, each to be thought out and acted out on the spur of the moment; but the fact is, that a few broad essential principles cover the whole field, and these, once fully laid hold of, it is as easy and natural to act upon them as it is to act upon our knowledge of such facts as that fire burns and water flows. My endeavor in this and the following chapters will be to put these few fundamental principles before you in their practical bearing. Meantime, let us consider one or two preliminary questions.
PART 1: CHAPTER 2

CHAPTER 2

THE Child’s Estate

[11] THE CHILD IN THE MIDST And first, let us consider where and what the little being is who is entrusted to the care of human parents. A tablet to be written upon? A twig to be bent? Wax to be molded? Very likely; but he is much more — a being belonging to an altogether higher estate than ours; as it were, a prince committed to the fostering care of peasants. Hear Wordsworth’s estimate of the child’s estate:

Our birth is but a sleep and a forgetting:
The soul that rises with us, our life’s star,
Hath had elsewhere its setting,
And cometh from afar;
Not in entire forgetfulness,
And not in utter nakedness,
But trailing clouds of glory do we come
From God, who is our home:
Heaven lies about us in our infancy!

Thou, whose exterior semblance doth belie
Thy soul’s immensity;
Thou best Philosopher, who yet dost keep
Thy heritage; thou Eye among the blind,
That, deaf and silent, read’st the eternal deep,
Haunted for ever by the eternal mind —
Mighty Prophet! Seer blest!
On whom those truths do rest,
Which we are toiling all our lives to find;
Thou, over whom thy Immortality
Broods like the Day, a Master o’er a Slave,
A Presence which is not to be put by;
Thou little Child, yet glorious in the might
Of heaven-born freedom, on thy being’s height —

and so on, through the whole of that great ode, which, next after the Bible, shows the deepest insight into [12] what is peculiar to the children in their nature and estate. “Of such is the kingdom of heaven.” “Except ye become as little children ye shall in no case enter the kingdom of heaven.” “Who is the greatest in the kingdom of heaven?” “And He called a little child, and set him in the midst.” Here is the Divine estimate of the child’s estate. It is worthwhile for parents to ponder every utterance in the Gospels about the children, divesting themselves of the notion that these sayings belong, in the first place, to the grownup people who have become as little children. What these profound sayings are, and how much they may mean, it is beyond us to discuss here; only they appear to cover far more than

Wordsworth claims for the children in his sublimest reach:

“Trailing clouds of glory do we come
From God, who is our home.”

CODE OF EDUCATION IN THE GOSPELS It may surprise parents who have not given much attention to the subject to discover also a code of education in the Gospels, expressly laid down by Christ. It is summed up in three commandments, and all three have a negative character, as if the chief thing required of grownup people is that they should do no sort of injury to the children: Take heed that ye OFFEND not — DESPISE not — HINDER not — one of these little ones.
PART 1: CHAPTER 2

So run the three educational laws of the New Testament, which, when separately examined, appear to me to cover all the help we can give the children and all the harm we can save them from – that is, whatever is included in training up a child in the way he should go. Let us look upon these three [13] great laws as prohibitive, in order to clear the ground for the consideration of a method of education; for if we once settle with ourselves what we may not do, we are greatly helped to see what we may do, and must do. But, as a matter of fact, the positive is included in the negative, what we are bound to do for the child in what we are forbidden to do to his hurt.
PART 1: CHAPTER 3

CHAPTER 3

OFFENDING THE CHILDREN

OFFENCES The first and second of the Divine edicts appear to include our sins of commission and of omission against the children: we offend them, when we do by them that which we ought not to have done; we despise them, when we leave undone those things which, for their sakes, we ought to have done. An offence, we know, is literally a stumbling-block, that which trips up the walker and causes him to fall.

Mothers know what it is to clear the floor of every obstacle when a baby takes his unsteady little runs from chair to chair, from one pair of loving arms to another. The table-leg, the child's toy on the floor, which has caused a fall and a pitiful cry, is a thing to be deplored; why did not somebody put it out of the way, so that the baby should not stumble? But little the child is going out into the world with uncertain tottering steps in many directions. There are causes of stumbling not so easy to remove as an offending footstool; and woe to him who causes the child to fall!

CHILDREN ARE BORN LAW-ABIDING ‘Naughty baby!’ says the mother; and the child's eyes droop, and a flush rises over neck and brow. It is very [14] wonderful; very ‘funny,’ some people think, and say, ‘Naughty baby!’ when the baby is sweetly good, to amuse themselves with the sight of the infant soul rising visibly before their eyes. But what does it mean, this display of feeling, conscience, in the child, before any human teaching can have reached him? No less than this, that he is born a law-abiding being, with a sense of may, and must not, of right and wrong. That is how the children are sent into the world with the warning, “Take heed that ye offend not one of these little ones.” And – this being so – who has not met big girls and boys, the children of right-minded parents, who yet do not know what must means, who are not moved by ought, whose hearts feel no stir at the solemn name of Duty, who know no higher rule of life than ‘I want,’ and ‘I don't want;’ ‘I like,’ and ‘I don't like’? Heaven help parents and children when it has come to that!

But how has it been brought about that the babe, with an acute sense of right and wrong even when it can understand little of human speech, should grow into the boy or girl already proving ‘the curse of lawless heart’? By slow degrees, here a little and there a little, as all that is good or bad in character comes to pass. ‘Naughty!’ says the mother, again, when a little hand is thrust into the sugar-bowl; and a pair of roguish eyes seeks hers furtively, to measure, as they do unerringly, how far the little pilferer may go. It is very amusing; the mother ‘cannot help laughing’; and the little trespass is allowed to pass: and, what the poor mother has not thought of, an offence, a cause of stumbling, has been cast into the path of her two-year-old child. He has learned already that that which is ‘naughty’ may yet be done [15] with impunity, and he goes on improving his knowledge. It is needless to continue; everybody knows the steps by which the mother's ‘no’ comes to be disregarded, her refusal teased into consent. The child has learned to believe that he has nothing to overcome but his mother's disinclination; if she choose to let him do this and that, there is no reason why she should not; he can make her choose to let him do the thing forbidden, and then he may do it. The next step in the argument is not too great for childish wits: if his mother does what she chooses, of course he will do what he chooses, if he can; and henceforward the child's life becomes an endless struggle to get his own way; a struggle in which a parent is pretty sure to be worsted, having many things to think of, while the child sticks persistently to the thing which has his fancy for the moment.

THEY MUST PERCEIVE THAT THEIR GOVERNORS ARE LAW-COMPelled Where is the beginning of this tangle, spoiling the lives of parent and child alike? In this: that the mother began with no sufficient sense of duty; she thought herself free to allow and disallow, to say and unsay, at pleasure, as if the child were hers to
**PART 1: CHAPTER 3**

do what she liked with. The child has never discovered a background of must behind his mother’s decisions; he does not know that she must not let him break his sister’s playthings, gorge himself with cake, spoil the pleasure of other people, because these things are not right. Let the child perceive that his parents are law-compelled as well as he, that they simply cannot allow him to do the things which have been forbidden, and he submits with the sweet meekness which belongs to his age. To give reasons to a child is usually out of place, and is a sacrifice of [16] parental dignity; but he is quick enough to read the ‘must’ and ‘ought’ which rule her, in his mother’s face and manner, and in the fact that she is not to be moved from a resolution on any question of right and wrong.

**PARENTS MAY OFFEND THEIR CHILDREN BY DISREGARDING THE LAWS OF HEALTH** This, of allowing him in what is wrong, is only one of many ways in which the loving mother may offend her child. Through ignorance, or willfulness, which is worse, she may not only allow wrong in him, but do wrong by him. She may cast a stumbling-block in the way of his physical life by giving him unwholesome food, letting him sleep and live in ill-ventilated rooms, by disregarding any or every of the simple laws of health, ignorance of which is hardly to be excused in the face of the pains taken by scientific men to bring this necessary knowledge within the reach of everyone.

**AND OF THE INTELLECTUAL LIFE** Almost as bad is the way the child’s intellectual life may be wrecked at its outset by a round of dreary, dawdling lessons in which definite progress is the last thing made or expected, and which, so far from educating in any true sense, stultify his wits in a way he never gets over. Many a little girl, especially, leaves the home schoolroom with a distaste for all manner of learning, an aversion to mental effort, which lasts her her life-time, and that is why she grows up to read little but trashy novels, and to talk all day about her clothes.

**AND OF THE MORAL LIFE** And her affections the movements of the outgoing tender child-heart – how are they treated? There are few mothers who do not take pains to cherish the family affections; but when the child comes to have dealings with outsiders, [17] do no worldly maxims and motives ever nip the buds of childish love? Far worse than this happens when the child’s love finds no natural outlets within her home: when she is the plain or the dull child of the family, and is left out in the cold, while the parents’ affection is lavished on the rest. Of course she does not love her brothers and sisters, who monopolize what should have been hers too. And how is she to love her parents? Nobody knows the real anguish which many a child in the nursery suffers from this cause, nor how many lives are embittered and spoiled through the suppression of these childish affections. “My childhood was made miserable,” a lady said to me a while ago, “by my mother’s doting fondness for my little brother; there was not a day when she did not make me wretched by coming into the nursery to fiddle and play with him, and all the time she had not a word nor a look nor a smile for me, any more than if I had not been in the room. I have never got over it; she is very kind to me now, but I never feel quite natural with her. And how can we two, brother and sister, feel for each other as we should if we had grown up together in love in the nursery?”